

Relational Aspects

Relational Trends

	Movement Towards	Movement Away	Movement Against
Conflict	<i>Appease</i> □ Unable to say “No” □ Prone to gossip □ Prone to bitterness □ Cutoffs	<i>Avoid</i> □ Ignore problems □ Change subject □ May shut down or attack when cornered	<i>Attack</i> □ Preemptive strikes □ Ad hominem arguments □ Demonize motives of others
Communication	□ Seeks out communication □ Shares positive feelings/pouts □ Inclined to flattery □ Use humor to diffuse tension or seek attn.	□ Does not initiate conversation □ Conceals feelings/shares neg. feelings □ Silence/Flooding □ Sarcasm	□ “Agenda” feel to conversation □ Conceals feelings/shares anger □ Boasting/Mockery □
Time/Intimacy (How does the person prefer to spend time and does it foster intimacy?)	□ Flexible □ Desire to be with others □ Tends towards self - disclosure	□ Relaxation □ Solo pursuits, hobbies □ Avoids self - disclosure	□ Excitement □ Competitive pursuits □ Avoids self - disclosure
Possible Themes/Idols	Acceptance, Intimacy, Belonging	Comfort, Security, Safety, Perfection, Order, Control	Success, Power, Control, Admiration
Desire(s):			
Fear(s):	Rejection, Isolation, Shame,	Hassles, Chaos, Punishment, Being Controlled	Failure, Humiliation, Being Dominated, Weakness